



CENTENNIAL REGIONAL HIGH SCHOOL Athletics Department

Dear Parent/Guardian,

Congratulations! Your son/daughter has been selected to represent Centennial Regional High School on one of our interscholastic teams. Along with this accomplishment comes a large responsibility, as our student-athletes represent CRHS in several sporting activities throughout the year.

As ambassadors of our school, it is expected that our athletes are courteous and respectful at all times. Our interscholastic program prides itself on the high level of academic achievement of our student-athletes. Thus it is expected that members of our teams do their personal best behaviourally and academically. They must keep up with their school work taking responsibility for informing their teachers of any absences and finding out what they have missed. In addition, it is essential that all student-athletes demonstrate a commitment to follow the practice and game schedule for the entire season. They must fully commit to their team and respect the deadlines presented by the coach, including meeting all administrative and financial obligations.

Please take the time to review the entire Student-Athlete Package. We understand that this may not be the first time you are completing this document however, it is important that each student-athlete complete a new document for each sport they participate in so that the coach has a most *up-to-date* dossier for each athlete. We thank you for your cooperation in this matter.

On behalf of our volunteer coaches, staff and administration, we wish you and your son/daughter a very successful year. We look forward to seeing you at games supporting our Charger teams.

Should you have any questions, concerns or suggestions, please do not hesitate to contact our Interscholastic Coordinator, Ms. Bonnie Dunn at bdunn@rsb.qc.ca.

Sincerely,

B. Dunn
Interscholastic Coordinator



CENTENNIAL REGIONAL HIGH SCHOOL

Code of Ethics for Student-Athletes

Centennial firmly believes that there are responsibilities to be undertaken by any Student-Athlete who represents the school. CRHS also believes that a Student-Athlete is a student first and athlete second. In signing this contract, the Student-Athlete is agreeing to abide by the following conditions:

1. The Student-Athlete will accept and abide by all school rules and regulations;
2. The Student-Athlete will strive to maintain an academic record that reflects his/her ability;
3. The Student-Athlete will show respect for administrators, teachers. Coaches, officials, classmates, teammates and opposing athletes;
4. The Student-Athlete will demonstrate sportsmanship in victory or defeat, before, during and following competition;
5. The Student-Athlete will dress in a neat and clean manner according to the dress code stipulated by the school; and
6. The Student-Athlete will attend all functions related to his or her team.

Failure to abide by any one or more of the above conditions may result in the convening of the Disciplinary Committee and possible sanctioning of the Student-Athlete.



Membership to team authorized by

Vice-Principal

Student's signature

Parent/Guardian's Signature

CENTENNIAL REGIONAL HIGH SCHOOL



PARENTAL PERMISSION FORM

FOR STUDENT PARTICIPATION IN INTERSCHOLASTIC SPORTS

Athlete's Name: _____

Team:

Gender	Age Category	Sport
<input type="checkbox"/> Female	<input type="checkbox"/> Peewee <input type="checkbox"/> Bantam	Please indicate:
<input type="checkbox"/> Male	<input type="checkbox"/> Midget <input type="checkbox"/> Juvenile	

Date of Birth (Day/Month/Year)

Quebec Medicare Number

Home Address

Home Phone Number

Emergency Contact Number & Name

Please Check:

- ☐ The above mentioned student is found fit for this type of activity
- ☐ The student has a medical issue that the coach should be aware of:

☐ **All fees are payable to Centennial Regional High School**

☐ I understand that membership to this team:

- will possibly result in classes being missed
- will require Student-Athlete to catch up on any missed classed material
- will require travelling to other schools and locations for competitions and on certain occasions, on taxis where no staff member will be on-board

I hereby grant permission to my son/daughter to participate in the above mentioned activity



Date: _____ Parent's Name: _____

Parent/Guardian Signature: _____



CENTENNIAL REGIONAL HIGH SCHOOL Student-Athlete Code

"The actions of a student-athlete are a reflection of themselves, their team, their school and their community. A student's involvement in school sport provides opportunities and experiences that are important to the development of a well-rounded student" (*BC Schools Program*). However, student-athletes must remember that their participation in school sport is a privilege, not a right.

In conjunction with the CODE OF ETHICS FOR ATHLETES, this document is meant to set in place specific measures for academic achievement amongst all student-athletes.

DESCRIPTION OF CRHS SPORTS PROGRAM

SHORT SEASON	LONG SEASON
<ul style="list-style-type: none">- Field Hockey- Outdoor Soccer- Cross-Country- Golf- Flag-Football- Outdoor Track and Field	<ul style="list-style-type: none">- Badminton- Basketball- Curling- Hockey- Indoor Track and Field- Volleyball

- The teams participate either in the SSIAA, RSEQ Montérégie or GMAA.
- Boys and Girls Divisions ranging from Bantam to Juvenile.

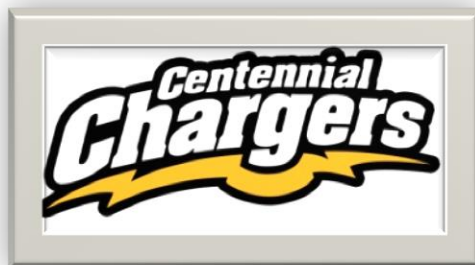
STUDENT-ATHLETE CODE (SAC)

We have divided the SAC based on a 3-tier system:

- ① Academics ② Attendance ③ Behaviour

3-TIER SYSTEM REQUIREMENTS

For each tier, procedures are set out in order to ensure a form of consistency. The decisional process for the consequences is conferred to the Administration and Interscholastic Coordinator Director. The final decision will be communicated to the concerned staff members.



① **Academics:** Student-Athletes must *strive to maintain an academic record that reflects their ability*. In order to follow through on this aspect, all coaches/academic advisors must review their entire S-A's report cards at the end of each term & keep abreast with their academic progress throughout the school year. It will be each S-A's responsibility to provide a report card to their coach at the end of each term.

Situation and/or Infraction	Potential Follow-up / Consequences
<u>End of term</u>	- S-A report cards reviewed
<u>Failed courses</u>	- Student placed on PASS Program - Game suspensions - Suspension from team activities - Request for Information after a certain period to validate improvement (refer to PASS).
<u>Poor academic performance in term (single or multiple classes)</u>	- Request for Information - PASS Program - Mandatory SOS

② **Attendance:** Students must demonstrate a high attendance level. Given that they may be missing quite a few classes due to their sport, additional absences cannot be tolerated.

Situation and/or Infraction	Follow-up / Consequences
<u>Inconsistent attendance in classes</u>	- Game suspensions - Suspension from team activities
<u>Known skippers</u>	- Game suspensions - Suspension from team activities

③ **Behaviour:** This measure goes *hand in hand* with disciplinary measures at the school. A student receiving a disciplinary measure (through D-Form) may also receive a sanction through their sports affiliation.

Situation and/or Infraction	Follow-up / Consequences
<u>Non-respect of the Student Code of Conduct</u>	Consequence will come along with disciplinary measure - Game suspensions - Suspension from team activities - expulsion from team - expulsion from athletics program